

PROVISIONAL WOW PROGRAMME 2010

Date	On the Water Time	Session	Notes	
APRIL				
8 th Thursday		Race theory session	At ESSC	Mike Lillywhite & RYA Coach
11 th Sunday		Practice Session	Coaching on Water at ESSC	Mike Lillywhite & RYA Coach
22 Thursday		COBNOR	Application form on Website Opportunity to get confidence back at beginning of season	Mary Alston
23 Friday		COBNOR		
MAY				
1 st Saturday	13:30	Practice Session	Coaching on Water at ESSC	Mike Lillywhite & RYA Coach
7 th Friday	18:00	Evening Sail	Can join club race	Mary Alston
11 th Tuesday	9:30	Morning Sail	+Coffee at Flintstones	Mary Alston
14 th Friday	11:00	Midday sail	+ Food at Flintstones	Mary Alston
26 th Wednesday	9:30	Morning Sail	+Coffee at Flintstones	Mary Alston
JUNE				
3 rd Thurs	15:00	Half Term Family Sail	Picnic/BBQ at ESSC after	Mary Alston
7 th Monday	18:30	Evening Sail		Mary Alston
14 th Monday	12:00	Midday sail	Bring Lunch	Mary Alston
21 st Monday	18:30	Evening Sail		Mary Alston
24 th Thurs	9:30	Morning Sail		Mary Alston
27 th SUNDAY	12:00	WOW RACE	Drinks after Race at ESC	F Horsman
29 th Tuesday	13:00	Afternoon Sail		Mary Alston
JULY				
6 th Tuesday	18:00	Evening Sail	Can join club race	Mary Alston
14 th Wednesday	12:30	Afternoon Sail	Bring Lunch	Mary Alston
20 th Tuesday	18:00	Evening Sail	Can join club race	Mary Alston
AUGUST				
	No officially organised sessions			
SEPTEMBER				
3 rd September	18:15	Fun sail To Ship		A &V Gould
10 th Friday	11:30	Midday sail	Bring Lunch or flintstones	Mary Alston
16 th Thursday	18:00	Evening Sail	+ Drinks in bar	Mary Alston
24 th Friday	11:00	Midday sail	Bring Lunch or flintstones	Mary Alston
28 th Tuesday	20:00	Drinks In Bar		Mary Alston
NOVEMBER				
12 th Friday	19:45 -20:00	WOW Dinner		Mary Alston